### - Listen & Follow -

Letting our faith in God bring joy to our shared missionary lives.

Reflect upon the theme 'Listen & Follow'. Think about your parish, your team and yourself to explore what it means to listen and follow.

Why is listening important?

How did Jesus invite others to follow?



How can we follow Jesus as disciples?

What actions can we develop?

Everyone then who hears these words of mine and acts on them will be like a wise man who built his house on rock.' (Matthew 7:24)

### - Welcome & Include -

Letting our faith in God bring joy to our shared missionary lives.

Reflect upon the theme 'Welcome & Include'. Think about your parish, your team and yourself to explore what it means to be welcoming and inclusive.

Why is welcome important?

How did Jesus include others?



How can we show our welcome?

What actions can we develop?

'Welcome one another, then, as Christ welcomed you, for the glory of God.' (Romans 15:8)

## - Pray & Journey -

Praying personally and with others on the path of faith.

Reflect upon the theme 'Pray & Journey'. Think about your parish, your team and yourself to explore what it means to pray and journey.

Why is prayer important? How did Jesus journey with others?

How do we honour another's journey?

What actions can we develop?

'Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.' (Philippians 4:6-7)

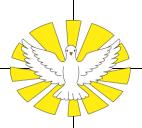
## - Worship & Witness -

Nourishing our spiritual growth to lead others to Christ.

Reflect upon the theme 'Worship & Witness'. Think about your parish, your team and yourself to explore what it means to worship and witness.

Why is worship important?

How did Jesus witness?



How can we witness to our faith?

What actions can we develop?

'It is that very Spirit bearing witness with our spirit that we are children of God.'

(Romans 8:16)

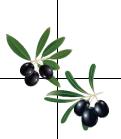
# - Empower & Flourish -

Working with others to strengthen parishes and the Diocesan family.

Reflect upon the theme 'Empower & Flourish'. Think about your parish, your team and yourself to explore what it means to empower and flourish.

Why is empowerment important?

How did Jesus empower others?



How can a faith community flourish?

What actions can we develop?

'Therefore encourage one another and build up each other, as indeed you are doing.' (1 Thessalonians 5:11)

#### - Form & Lead -

Supporting life-long learning, teamwork and leadership in ministry and mission.

Reflect upon the theme 'Form & Lead'. Think about your parish, your team and yourself to explore what it means to form and lead.

Why is formation important?

How did Jesus lead?



How can we lead others?

What actions can we develop?

'Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.' (Galatians 6:9)

## - Hope & Communicate -

Sharing the hope, meaning and joy of the resurrected Christ.

Reflect upon the theme 'Hope & Communicate'. Think about your parish, your team and yourself to explore what it means to hope.

Why is hope important?

How did Jesus communicate hope?



How can we express hope?

What actions can we develop?

Blessed be the God and Father of our Lord Jesus Christ. By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead.' (1 Peter 1:3)

## - Love & Serve -

Reaching out to others and to all God's creation in love.

Reflect upon the theme 'Love & Serve'. Think about your parish, your team and yourself to explore what it means to love and serve.

Why is love so vital for mission?

How did Jesus serve?



How can we serve?

What actions can we develop?

'Above all, clothe yourselves with love, which binds everything together in perfect harmony.' (Colossians 3:14)