



Prayer time:

Set aside a few minutes of silence. Make the sign of the cross and pray:

WE ADORE YOU, OH CHRIST,
AND WE PRAISE YOU BECAUSE
BY YOUR HOLY CROSS, YOU
HAVE REDEEMED THE WORLD.

PICK ONE STATION TO REFLECT ON.

You might find it helpful to first re-watch your chosen station. Think about what happened in that scene, what action can be seen, what can be heard, who the characters are and how they are responding to Jesus, how Jesus acted, and lastly how this can speak to your life. You could pick one of the songs below to listen to. Maybe you would like to write your own prayer. Finish by making the sign of the cross.

Music to help you reflect on the Passion of Jesus



EACH SONG TITLE IS A YOUTUBE LINK ALSO

- "Watch the Lamb" - Ray Boltz
- "Why?" - Nicole Nordeman
- "Worthy is the Lamb" - Hillsong
- "At the Cross" - Hillsong
- "How Deep the Father's Love for Us" - Fernando Ortega
- "Forever" - Kari Jobe
- "Above All" - Michael W Smith
- "In Christ Alone" - Stuart Townend
- "Anastasis" (O Praise the Name) - Hillsong
- "What a beautiful name" - Hillsong
- "You gave your life away." - Paul Baloche
- "Amazing Love" - Graham Kendrick
- "Once Again" - Matt Redman
- "My Redeemer Lives" - Nicole C Mullen
- "Who am I" - Casting Crowns
- "O Come to the Altar" - Elevation Worship
- "The Passion" - Hillsong
- "Reckless Love" - Cory Asbury
- "Stay with me" - Taize Chant
- "Jesus remember me" - Taize Chant
- "Misericordias Domini" - Taize Chant
- "Crucem Tuam" - Taize Chant
- "Nearer my God to Thee" - Sarah Flower Adams
- "This is Jesus" - Jim Cowan

What music would you include on a playlist for Easter?
What songs do you know that address issues of suffering, loss, hope?

CHECK OUT THE FOLLOWING RESOURCES TO HELP YOU CELEBRATE HOLY WEEK!

Praying Through Holy Week

ASCENSION PRESENTS
FR MIKE SCHMITZ: PRAYING THROUGH HOLY WEEK

READ OR WATCH:

"THE LION, THE WITCH AND THE WARDROBE" (CS LEWIS)
Pay particular attention to how Aslan portrays the Christian themes of sacrifice and redemption.